

Recipes by chef Nancy Russman©2008

Chicken Wings with Herbs de Provence

Ingredients	Amount
Chicken wings	8 each (4 per person)
Lemon juice	¼ cup
Oil, canola	¼ cup
Garlic, fresh minced	2 cloves
Herbs de Provence, dried	1 ½ teaspoons
Salt and Pepper	To taste

Method:

- Mix the lemon juice, oil, garlic, herbs and salt and pepper in a bowl
- Put wings in the bowl and coat with the lemon/oil mixture
- Marinate in the refrigerator for 1 – 3 hours
- Grill on medium hot grill turning about 4 times
- When done eat!!!!!!

